

# Wild <sup>AND</sup> Curious Foraging

## Wild Food Day Retreat Directions and Instructions

**Date** Saturday July 9th 2022

**Time:** 10am - 4pm. **Please arrive for between 9.30am - 9.45am to allow time to walk to the venue**

**Meeting Place:** Woodlands Yard, Dartington, Totnes TQ9 6NS. [Here is a map link to Woodlands Yard for parking](#)

**Contact Phone Number:** 07709 117 383

### Directions:

We will meet in the Woodlands Yard car parking area.

Our venue for the day is the Glade, a very special woodland spot, and part of the Woodland Presents social forestry project.

If you are arriving by car, **driving south on the A384**, you will take a left turning just before Dartington village. The left hand turn is located near the bottom of a hill, and marked with blue signs 'Woodlands Yard'.



If you drive past a church and road marked Dartington estate on your left, you've gone one turn too far.

If **driving north**, on the A384, look out for a church and road with a big sign for Dartington estate on your right hand side, and its the next right turning, a couple of hundred metres further on.

This is a private car park for folk attending events at the Glade and the businesses of the yard. It is free to park and we can direct you to the space allocated to us for this course.

Please note this is a working yard which means a) a few potholes, and b) occasionally it gets full with vans/delivery vehicles.

On the rare occasion that the car park is full, details of other car parking, along with the walking route to the Glade, can be found [here](#), and we can signpost you to alternative parking if necessary, when you arrive.

We recommend arriving with plenty of time to spare.

### **What to expect**

We will spend some of the day out exploring woodland and hedgerows, and part of the day in the our woodland camp.

There are covered outdoor spaces, a hearth and compost loos.

Wild handmade drinks and nibbles will be provided.

Please note the site does not have running drinking water, so do bring plenty of your own.

### **What to bring**

- Plenty of drinking water
- Packed lunch
- Waterproofs and plenty of weather appropriate layers. It tends to be a bit cooler in the woods. We recommend wearing long trousers.
- Supportive shoes or boots.
- A light blanket or scarf.
- Any medication you may need i.e. Epi pens.
- Anything else you need to support you to be comfortable and present.

It is tick season, so please remember to check your whole body over that evening.

Please feel free to call me on the number below should the need arise.

Looking forward to sharing the day with you.

### **Myrtle Cooper**

Wild & Curious Foraging

07709 117 383